



Nanaimo Foundation

NANAIMO COMMUNITY GIVING OPPORTUNITIES

FALL 2019

Your Fund.

When you create a charitable fund through the Nanaimo Foundation, you have the opportunity to benefit charitable needs now – and forever – with a permanent endowment. Your gift is invested over time. Earnings from your fund are used to create grants addressing the issues and needs that matter most to you.

Your Cause.

You are involved in the use of your fund. You direct which causes your fund supports—locally or across Canada. Your gift – and all future earnings from your gift – is a permanent source of community capital, helping to do good work today and in the future.

Your Legacy.

Your charitable fund not only makes a difference during your lifetime, but provides a gift that lasts forever. Grants will continue to be made in the name of your fund so that your charitable wishes are preserved in perpetuity.

Your Fund. Your Cause. Your Legacy.



Arts & Culture

Nanaimo & District Museum Society - Adopt an Artifact
Nanaimo Art Gallery Society - Amping up the Arts Centre
Nanaimo Conservatory of Music - Washroom Renovation
The Port Theatre Society - Community Performing Arts Centre Completion Project

Children & Youth

Big Brothers Big Sisters Central Vancouver Island - Volume through Vigor
Nanaimo Child Development Centre Society - Building Upgrades

Community Services

Central Vancouver Island Multicultural Society - Newcomer Emergency Fund
Haven Society - Gender Based Violence Support Group
Island Crisis Care Society - More Room for Hope
The Men's Centre - Dad's Soup
United Way of Central and Northern Vancouver Island - Poverty to Possibility
Vancouver Island Economic Alliance - A Vital and Sustainable Island Economy

Developmental Disabilities

Cedar Opportunities Cooperative - New Catering Kitchen
Nanaimo Association for Community Living - Hand Weaving Studio

Education

Literacy Central Vancouver Island - Improving Accessibility at the Centre
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Health

Island Deaf and Hard of Hearing Centre - Sound of Change
Nanaimo & District Hospital Foundation - Purchase of Medical Equipment
Nanaimo Travelers Lodge Society Eden Gardens - Classroom #2 Completion

Seniors

Kiwanis Village - Artists in Residents
Nanaimo Family Life Association - The EngAGE Centre

Sports & Recreation

Serauxmen Stadium Amateur Baseball Association - Upgrades to Serauxmen Stadium



NANAIMO & DISTRICT MUSEUM SOCIETY

Registered Charitable No: 107758989 RR0001

Adopt an Artifact

Requested: \$100,000

The museum is a registered charitable non-profit organization that depends on support from the community to preserve and interpret Nanaimo's history. The Society celebrated its 50 year anniversary (incorporated April 2, 1964) in 2014 and we had over 60,000 visitors last year. We have enjoyed many successful years in our current, purpose-built museum space while pursuing the following vision statement: The Nanaimo Museum will enhance cultural quality of life, anchor our community and enlighten visitors while nurturing the flow of inspiration through interactive presentation of stories and objects spanning Nanaimo's history. The museum also operates the HBC 1853 fort, the Bastion, an icon in the community and the third oldest building in BC. We focus on programming and interpretation for all ages, connecting our shared past with the present day community on many levels.

With sponsorship and donation opportunities ranging from the "Adopt an Artifact" program for smaller gifts, to multi-year major sponsorships and everything in between, we are uniquely positioned to ensure your donation has a lasting impact on our community for years to come.

Our state-of-the-art facility attracts the best in local artifacts as well as exhibits from provincial and national galleries & museums. With three to four feature exhibits annually, there are multiple opportunities for sponsorship with tailored campaigns that drive recognition and visibility.



NANAIMO ART GALLERY

Registered Charitable No: 119243616 RR0001

Amping up the Arts Centre

Requested: \$20,000

The Nanaimo Art Gallery is located on the traditional territory of the Snuneymuxw First Nation. Founded in 1976, the Gallery enhances the cultural, social and economic environment of Vancouver Island, serving a regional population base through exhibitions, education, and outreach that encourages active public involvement with art and ideas.

This project is designed to renew and upgrade the entrance way and public spaces at the lower level of the Arts Centre. This will enhance our busy co-working environment, making it increasingly conducive to collaboration, skill and resource sharing, and community building, as well reflective of the vitality of our professional arts organizations.



NANAIMO CONSERVATORY OF MUSIC

Registered Charitable No: 106997091 RR0001

Bathroom Renovation

Requested: \$5,500

The purpose of the Nanaimo Conservatory of Music is to foster excellence in the performing arts in the Central Vancouver Island region. The Conservatory was founded in 1977. Operating from its facility on Selby Street, in the heart of the Old City Quarter, the Conservatory provides high quality musical instruction to children and adults from Central Vancouver Island. The Conservatory prepares students for all levels of the Royal Conservatory of Music exams.

The bathrooms in the Nanaimo Conservatory of Music urgently need renovations and upgrades. The bathrooms are outdated; asbestos floor tiles, old fixtures that need repair, and the spaces are not user friendly for people with mobility challenges. These renovations will mean that all those who access the Conservatory will be able to use updated and user friendly bathroom facilities.



THE PORT THEATRE SOCIETY

Registered Charitable No: 130318330 RR0001

Community Performing Arts Centre Completion Project

Requested: \$100,000

Since 1998, the Port Theatre has wowed residents and visitors alike with its superb performances, excellent acoustics and wonderful sense of intimacy. The theatre offers a broad range of cultural events designed to meet many diverse interests and needs. A landmark on the city's waterfront, it also serves as an important meeting place for a variety of community events, seminars and educational conferences.

The completion of the Community Performing Arts Centre is in the planning stages at the Port Theatre. The purpose of this longtime project is to provide affordable performance and rehearsal space to local arts organizations throughout Nanaimo and the Region, provide excellent facilities for professional arts organizations to thrive, and to create an intimate venue to attract national and international touring professionals.

Our objectives for building this addition are:

- To provide long term sustainable performance and rehearsal spaces for the community,
- To provide affordable, professional spaces for local user groups,
- To encourage creative diversity throughout Nanaimo and the region,
- To support professional artists and cultural workers within the community,
- To attract national and international touring professionals to Nanaimo.

The proposed facilities will include a 50-220 seat flexible, purpose-built performance space, two separate rehearsal spaces available to the community, small catering kitchen, extra loading space for main stage, and additional lobby space accessible via Diana Krall Plaza.



BIG BROTHERS BIG SISTERS CENTRAL VANCOUVER ISLAND

Registered Charitable No: 879200111 RR0001

Volume through Vigor

Requested: \$3,000

Big Brothers and Big Sisters have been operating in Nanaimo for 50 years serving young people facing adversity through our mentoring programs. Our mission is to enable life-changing opportunities to young who are in need of additional, consistent and supportive developmental relationships. Last year, from January 2018 until June 2019, we served 356 children and their families through our Community Mentoring, In-School Mentoring, and Group Mentoring Programs. We are projected to increase the number of people served to over 400 by the end of 2020, but to do that we need to optimize our approach to be efficient in the digital age.

Our project goal is to modernize the technology our agency uses so we can keep up with the demands of the increasing volume of service users. Our vision is to have our caseworkers working with computer tablets in the field to complete our workflow and accreditation standards on the go. By doing this, our agency can reach more people with higher efficiency. On top of optimizing our current services, our agency is looking to increase our volunteer recruitment capabilities by hosting large-scale community information sessions that are geared to ensure positive decision-making abilities in becoming a mentor in any of our programs. Currently, the scope of our volunteer recruitment is limited, relying on word of mouth and booths at special events, but with the addition of new tablets, we would provide video and PowerPoint presentations to potential volunteers and service users in the field. Measurable outcomes from this project will be: an increase in the number volunteers and children served, a decrease in administrative and salary costs, and a significant reduction in paper usage, therefore reducing our environmental impact. The vision ensures that all young people realize their full potential through the support of a mentor.



NANAIMO CHILD DEVELOPMENT CENTRE SOCIETY

Registered Charitable No: 119050755 RR0001

Building Upgrades

Requested: \$40,000

The Nanaimo Child Development Centre Society provides individualized services to children with developmental delays and their families. Our mission statement is promoting child development by serving children with developmental needs and their families.

The Centre owns the building and has a long-term lease on the property from VIHA. This project will complete the re-roofing on the main building and the modulares located on site. By ensuring we have our roof, HVAC and wiring system in top shape we will be able to continue to provide over 1800 services annually at the Centre as well as continuing to partner with several other community agencies through our family Resource Navigator program who also utilize the building. We also provide onsite parenting/caregiver courses and workshops. These upgrades will ensure the integrity of our building as the Centre is widely used by so many members of the community.



CENTRAL VANCOUVER ISLAND MULTICULTURAL SOCIETY (CVIMS)

Registered Charitable No: 132018235 RR0001

Newcomer Emergency Fund

Requested: \$5,000

The Central Vancouver Island Multicultural Society (CVIMS) also known as the Immigrant Welcome Centre was started 40 years ago in response to the Vietnamese Boat people crisis. The aim was helping newcomers to integrate into life here in Canada and become part of the Nanaimo community. Today that mandate is as strong as ever with the arrival of newcomers from many different countries but especially over the past two years with the influx of refugees from Syria, Eretria, Sudan and Iran.

We ensure that immigrants and diverse peoples flourish in this community. We are leaders in providing services for immigrants and in promoting inclusion and respect for all people in our community. We are committed to the values of equity and diversity.

In November 2017, the Board of Directors of Central Vancouver Island Multicultural Society (CVIMS) announced an initiative to develop a fund to provide emergency support for Newcomers to the community. The fund was named the "Ghazi Farooq Newcomers Emergency Fund" in recognition of the contribution and support that Dr. Ghazi and Mrs. Janet Farooq have provided to many newcomers/immigrants and refugees in the community and to the Central Vancouver Island Multicultural Society over the years.

Ghazi M Farooq, PhD, was a retired senior United Nations official. He believed that when retired, one should give back to one's community as much as possible and he was passionate about assisting the newly arrived refugee families in Nanaimo and integrating them into the local community. Dr. Farooq passed away in September 2016. The community of Nanaimo has been enriched in many ways by the commitment of Dr. and Mrs. Farooq and through the development of this fund, the community will continue to be able to provide emergency support for our newcomers. We are requesting \$5,000 in order to keep the fund active. It takes a community working together to support newcomers undergoing emergency life events.



HAVEN SOCIETY

Registered Charitable No: 119261105 RR0001

Support Group for Women Who Experienced Gender-Based Violence

Requested: \$3,000

Haven Society promotes the integrity and safety of women, children, youth, and families and the development of a respectful, healthy community in Central Vancouver Island. A leading anti-violence organization and respected trainer and collaborator, Haven Society provides a continuum of services, public education, and advocacy. We serve thousands of women, children, and youth every year through our transition house, safe house, counselling, community victim services, outreach, and education. We also have a program for men who want to stop their use of abuse in relationships.

Haven Society's Strategies for Empowerment is a counselling group offered to women while they wait for Haven's individual counselling. Unfortunately, this support group also has a lengthy waitlist. Many clients have experienced multiple traumas: childhood sexual/physical abuse, neglect, and abandonment; sexual assault, gang rape, sexual harassment, and violence in relationships. Some also struggle with poverty, housing, mental health issues, and addiction.

Haven's counselling groups offer survivors a safe space to work through the impact of abuse. Women build a relationship of trust with their group, allowing them to open up and to confide in one another. The approach focuses on recognizing a survivor's response and resistance to violence rather than on its effects, which allows her to retain dignity. Reminding survivors that they are capable, fierce resisters of violence can spark their self-worth and their healing.

Focusing on resistance creates safe spaces where survivors are heard and supported in emotional and practical ways, where they know they're not alone, and where they have agency in their choices. Survivors of violence who receive a positive social response experience decreased distress, and tend to recover more fully and more quickly. As the only free trauma-informed counselling in Nanaimo for women who have experienced violence in relationships, hundreds of women seek our services every year.



ISLAND CRISIS CARE SOCIETY

Registered Charitable No: 137077111 RR0001

More Room For Hope

Requested: \$25,000

ICCS has been providing emergency shelter, housing and support for men and women living in poverty and homelessness for more than 30 years. ICCS currently operates 13 crisis and housing programs on the mid-Island.

The current Samaritan House, which is the only homeless shelter for women in the area, is 100 years old and extremely outdated. On most nights, women are turned away because of lack of room. That means they are forced to find shelter in unsafe places where they are risk of further trauma.

More Room for Hope is a \$2Million campaign to expand the existing Samaritan House to more than double its current capacity. The expansion will increase the number of beds, reduce over-crowding, and provide more space for health and support workers to meet privately with clients as well as to provide life skills and other support services. The new facility will also provide emergency shelter for women and their children, as there is no facility in the area providing this kind of refuge for moms who arrive with their children.

Why your gift is important: Woman are living on the streets and in unsafe conditions. As more people move to the Island, the number of women turning to us for support will only increase. Samaritan House is already operating well beyond its capacity. If adequate emergency, transition and supportive housing is not made available, simply put, we will have more unhealthy women living in our parks, alleyways, and empty lots. This will place added stress on our city's emergency services such as police, fire, medical clinics and hospitals. Economic impacts will also be felt on tourism, business development and in our communities. It's not only the compassionate thing to do, it's the smart community thing to do.

Your Fund. Your Cause. Your Legacy.



THE MEN'S CENTRE

Registered Charitable No: 876952110 RR0001

Dad's Soup

Requested: \$10,000

The Men's Centre is a human and social service organization which provides mental health support services to men and their families throughout B.C. Our mandate is currently fulfilled through six programs, Resource and Referral, Workshops and Drop-in Groups, Family Crisis Support Services, Community Education, Boots to Suits Program and a Domestic Violence remediation course.

This project will engage fathers by providing them with a circle of supportive communication around food. They will be reminded how easy it is to create fun around a meal and they will learn that girls raised with involved, nurturing fathers will display a greater sense of competency and that boys raised with involved fathers are far less likely to be excessively aggressive, violent, or exhibit anti-social behaviors - all participants will be able to receive fathering support after the course has completed from through a resource they are already familiar with. The food/meal component is a part of sharing the bond of fatherhood. The primary focus is being a happy, healthy, involved and supportive father. The participants get to keep the materials and food that is prepared during the course as it would directly benefit their families.



UNITED WAY OF CENTRAL AND NORTHERN VANCOUVER ISLAND

Registered Charitable No: 119260537 RR0001

Poverty to Possibility

Requested: \$50,000

Local Giving. Local Results. Your support makes everything possible. Every dollar of your donation stays in Central & Northern Vancouver Island region, building stronger communities, helping kids succeed, and moving families out of poverty. A thriving community is one where people feel supported and connected; it's a place where everyone has the chance to live with dignity, find joy, and succeed. With your support, United Way of Central and Northern Vancouver Island is able to convene the right people, gather relevant data, and invest in effective programs and partnerships to make change happen. Together, we improve local lives and community.

From Poverty to Possibility: When people are struggling to make ends meet, they may lack access to basic needs, such as shelter, food and clothing. Moving from Poverty to Possibility requires enabling people to meet such needs through training, education and employment supports. As advocates for real change, we bring together experts to address critical social issues in our community, such as mental health, poverty, and substance use. Currently, we invest into several initiatives to tackle the systemic issues underlying poverty in our community, such as the Nanaimo homelessness coalition and Nanaimo's health network. By better understanding the needs of our community through research, analysis and data, we work with partners to put that knowledge into action. Our initiatives and investments have led to the creation of the Nanaimo Homelessness Coalition's Five-Year Action Plan; which helped inform and improve Nanaimo's Affordable Housing Strategy. Your support of this project will help United Way of Central & Northern Vancouver Island convene and collaborate with local agencies and governments to implement these strategies and advocate for key policy change to better respond to the needs of those in our community who are homeless or at risk of becoming homeless.

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VANCOUVER ISLAND ECONOMIC ALLIANCE (VIEA)

Non-profit Society

A Vital and Sustainable Island Economy

Requested: \$100,000

The Organization: As the only non-profit, non-government organization in the province (and perhaps in Canada) that embraces the economy—all sectors public and private—of a large geographical region (VI and Gulf Islands), the Economic Alliance is uniquely positioned and respected for its ability to build collaboration to get stuff done. VIEA's singular mandate is 'A Vital and Sustainable Island Economy'.

Because VIEA is not government and not tied to any single community or sector, we are able to ask questions, raise issues and launch initiatives with freedom to pursue economic priorities without the need to satisfy multiple public or private agendas. We're nimble and responsive.

Simply put, the Economic Alliance has out-paced available resources. VIEA is producing tremendous value to the Island economy. And while the society is taking advantage of the flexibility and responsive capacity of its non-government status, it also lacks access to the resources available to government agencies. Grant monies available through government ministries have been, and will continue to be used to advantage, but without adequate operating capital at this stage of significant project momentum, VIEA simply cannot take full advantage of the development opportunities the society has worked years to create.



CEDAR OPPORTUNITIES COOPERATIVE (COCO CAFÉ)

Non-profit Society

New Catering Kitchen

Requested: \$75,000

Our Mission is to provide employment, training, and socialization opportunities for people with developmental disabilities within their community. COCO Café currently employs 41 individuals, more than 50% of whom have a developmental disability. All our team members are paid a fair industry wage and can receive extended medical benefits. We provide permanent full- and part-time positions, as well as a 100-hour work experience program.

The success of COCO Café's catering and commercial retail food programs has exceeded our ability to meet demand for our services out of our current space, therefore we are expanding our capacity to increase our services and subsequently increase our ability to provide supported employment hours.

COCO Cafe & Catering consists of three main sectors: café, catering services, commercial retail food production & distribution. We have seen steady growth in our commercial retail and catering sectors. At the same time, we have seen the potential increase of opportunities for supported employment with the expansion of this section of operations. We currently have seven schools waiting to join our wholesome family meal program along with numerous potential catering opportunities that are beyond the capabilities of our current kitchen facilities. Our goal is to secure and occupy a new commercial retail kitchen with the capacity to produce large volumes of our whole meal program.



NANAIMO ASSOCIATION FOR COMMUNITY LIVING

Registered Charitable No: 107758849 RR0001

Hand Weaving Studio

Requested: \$20,000

Directed by Person-Centred Thinking, Nanaimo Association for Community Living supports individuals with developmental disabilities by providing services that promote whole life balance. At NACL, we are person-centered, inclusive, and community-minded.

The NACL Hand Weaving Studio was created in January of 2018 to provide instruction in hand weaving as an art form. Its mission: to provide therapeutic and vocational opportunities for textile artists to create clothing and home furnishings in an inclusive and accessible setting. The program bridges a gap between those with and without developmental disabilities who share the same passion.

What makes the studio unique?

- Adapted equipment, which enables those with physical disabilities to weave
- The absence of rules or boundaries in weaving instruction allows weavers the freedom to explore their creativity

Weavers have been positively impacted in the following ways:

- Boosted self-confidence through creative self-exploration
- Visibility in the community as a textile artist
- Social benefits (friendships, new connections, peer mentoring)
- Economic benefits for those who choose to sell their work
- A means of communicating personality for those who don't speak

Momentum is building. Funding will allow the studio to:

- Continue to offer valuable classes to existing and future weavers
- Develop a marketing arm for weavers wanting to sell their art (weaving exhibitions, community presentations, attendance at public events, marketing materials)
- Train new weaving instructors
- Become a weaving supply source (yarn, equipment, accessories) for local weavers

The weaving studio breathes new life into a traditional art, while creating true inclusion for participants.



NANAIMO LITERACY ASSOCIATION

Registered Charitable No: 128233418 RR0001

Accessibility at Literacy Central Vancouver Island

Requested: \$40,000

Nanaimo Literacy Association was incorporated in March 1990, as a community-based non-profit, registered charity. For 29 years Literacy Central Vancouver Island has been offering literacy programs in the Central Vancouver Island region. Our adult and family program are the cornerstone of our literacy work and we are the primary literacy organization in Nanaimo. We assist with reading, writing, math, and computers and our programs expand to offsite locations including: Parksville, Nanoose, Nanaimo Corrections Centre, and Snuneymuxw and Snaw-naw-as First Nation. We also offer family literacy programs, IPALS program (Parents as Literacy Supporters in Immigrant Communities) and provide tutoring support for elementary school age children through our Bear and Beams program.

Our concern currently is accessibility in our building. Although we have made sure that our bookstore is accessible, being on the main floor of a 3-storey building and is wheelchair friendly, our learning centre located on the lower level is not wheelchair friendly and in general can be difficult for learners with limited mobility to access, due to the stairs.

To fulfil our goal to be an accessible learning centre for all, we require support to purchase and install inclined platform wheelchair lift. The lift secures directly to the wall. When the platform is not in use, it can be folded, taking up minimal space on the stairway. This will make a beneficial impact for many adult learners including seniors who come to our space to access various tutoring services we provide for free.



VANCOUVER ISLAND UNIVERSITY FOUNDATION

Registered Charitable No: 887333482 RR0001

Canada Learning Bond Accelerator Program

Requested: \$50,000

The purpose of the Vancouver Island University (VIU) Foundation is to oversee management of the Foundation's endowment and, working with the Office of Advancement & Alumni, raise money to support Vancouver Island University's scholarship and awards program and VIU fundraising activities.

Vancouver Island University (VIU) drives social justice opportunities across BC and beyond. We are currently piloting an innovative project to enable all youth in the region to attend post-secondary education. This initiative will facilitate access to Registered Education Savings Plan (RESP) and Canada Learning Bond (CLB) information for vulnerable populations within our region of Vancouver Island and Coastal BC. The VIU CLB Accelerator program will support developing educational ambitions for children who face financial barriers to attending post-secondary.

Studies show that children who have some savings for post-secondary by the age of the five are four times more likely to pursue higher education. In 2004, the federal government launched the CLB to provide up to \$2,000 in post-secondary savings for low-income children. In 2018, the VIU region had 18,000 eligible children; however, roughly 10,000 have yet to sign up. The VIU CLB Accelerator program will increase the incentive and impact of the RESP by boosting the upfront investment and provide an additional incentive for families to register for the CLB.

Our goal is to raise \$50,000 to support 100 new CLB RESP eligible children from the local community. Funds raised will add \$500 to the RESP of each child enrolled in the pilot project, leveraging a 40% Federal Government Grant (\$200).

VIU will work with community schools, Foster Care agencies, First Nation Communities, and local community groups to identify the 100 pilot program participants. Once registered in the program VIU will continue to engage with the families and students to support them on their educational journey.



ISLAND DEAF AND HARD OF HEARING CENTRE

Registered Charitable No: 108200106 RR0001

Sound of Change

Requested: \$20,000.00

Island Deaf and Hard of Hearing Centre (IDHHC), a non-profit organization has been serving deaf, deaf-blind, oral deaf, late deafened and hard of hearing individuals, families and communities on Vancouver Island and Gulf Island for 28 years. It is the only agency on Vancouver Island dedicated to supporting deaf and hard of hearing communities. With dedicated staff and volunteers we have offices in Victoria and Nanaimo providing services over a wide geographic area – an estimated 73,000 Deaf, deafened, and hard of hearing persons residing in the 32,000 square kilometer region. Reaching from Victoria to Port Hardy, the region includes small and isolated communities.

Sound of Change Initiative provides free refurbished hearing aids to vulnerable, low income and at risk seniors and adults. Along with hearing aids, the agency delivers free hearing assessment and treatment services, personalized communication plans that include communication supports, aural rehab and speechreading classes. This initiative will remove the financial barriers faced by vulnerable populations as they attempt to access appropriate and basic hearing health services. The initiative has been delivered from our Victoria office since 2016 and we have served over 340 individuals providing 640 refurbished hearing aids (a retail value of over \$1.3 million!). We are launching this initiative from our Nanaimo office in November 2019 and need support to purchase equipment for the Audiologist.



NANAIMO & DISTRICT HOSPITAL FOUNDATION

Registered Charitable No: 119050672 RR0001

Purchase of Medical Equipment
Requested: \$800,000

Established on December 30, 1977, the Nanaimo & District Hospital Foundation is a means for grateful patients and the community to support better healthcare in their community. The Hospital Foundation supports Nanaimo Regional General Hospital and Dufferin Place in Nanaimo, Oceanside Health Centre and Trillium Lodge in Parksville, and Eagle Park in Qualicum Beach. Funds raised support medical equipment, patient comfort and staff education. The Hospital Foundation also funds large, transformational projects that increase access to a broader scope of healthcare services as well as reduce wait times. This helps ensure medical teams have the most up to date equipment, modernized spaces and latest resources to deliver excellent and timely patient care.

Every year, 8,700 patients receive cardiac care at Nanaimo Regional General Hospital (NRGH) and Oceanside Health Centre (OHC) in Parksville. The Heart Health program faces major challenges in meeting demand for cardiac care in Central and North Vancouver Island making the expansion of cardiac care critical.

The impact of this project is highly tangible and thousands in the region will benefit. With the expansion and improvements at both facilities, 95% of pre and post-surgical cardiac care will be able to be delivered in our community and wait times will be reduced by as much as 50%. The number of exams has increased by 25% each year over the last 4 years. This demand is expected to exceed 10,000 exams per year. The addition of one room at both NRGH and OHC along with the desperately needed medical equipment will result in an increase in capacity of 3,000 exams per year. As our population grows and ages, the number of people affected by some form of heart disease will continue to rise. The sooner people are able to see a cardiologist, the sooner any heart issues can be addressed and their health outcomes improved.

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NANAIMO TRAVELERS LODGE SOCIETY EDEN GARDENS

Registered Charitable No: 130520562 RR0001

Classroom #2 Completion

Requested: \$70,000

We aim to improve the lives of those with dementia by combating loneliness, helplessness and boredom through the Eden Alternative philosophy of care. Eden Gardens is committed to be a center of excellence for dementia care.

This project is to complete a much-needed second classroom at Eden Gardens for training and vital community meetings. After more than two years in our new home, we have become a hub for several relevant groups that pull in expertise from our community and Vancouver Island. Finishing this classroom will provide the extra space to serve the needs for:

- VIU students placed for preceptorship and practicums
- Palliative Care Groups
- SafeCare BC and Eden Alternative training for Eden Gardens staff
- Division of Family Practice
- Island Health

The Division of Family Practice and Island Health will rent the classroom to meet their needs for large meeting spaces with the necessary IT. With the space available to Island Health, our staff will provide procedures training using equipment in the classroom. The revenue from renting the room will be reinvested into our Eden Philosophy music, art and horticulture therapy programs. Also, those who attend some of our training (i.e. Safe Care and Eden) will allow us draw the best of the best to work with our Elders. It will also promote our mission as a center of excellence in caring for those with dementia, teaching others in the community best practices.

Our unfinished Classroom #2 currently includes an overhead lift and new hospital bed for training purposes. The classroom finishing will include strapping and dry walling, creating a T-bar ceiling, painting, lighting, vinyl flooring and HVAC installation. We have an estimate from our building contractor of \$70k to complete the room.



KIWANIS VILLAGE NANAIMO

Registered Charitable No: 132974957 RR0001

Artists in Residents

Requested: \$8,000

Kiwanis Village Nanaimo provides seniors with affordable and multi-level care options that cultivate dignity and a deep sense of purpose for all. Kiwanis Village proudly houses over 200 villages as well as provides a variety of community services including: 11 respite beds for Nanaimo seniors and their caregivers, an adult day program for isolated seniors as well we provide over 100 meals to seniors in our community through our Meals on Wheels Program.

Kiwanis Village is working on shifting the mindset of care for older adults. We are working diligently to showcase and promote the abilities of the seniors in our community, rather than focusing on their disabilities. One way we would like to showcase the talents and abilities of our seniors is by hosting an art show, where families, friends and community members can come and view the artwork completed by our seniors.

The impact of creating artwork at any age can improve confidence and a renewed sense of purpose and pride. However for seniors the impact can be even greater as it can allow them to help manage their stress, improve their memory, tell their life story, communicate their emotions more effectively and allow them to strengthen their relationships with others people in our community. In many cases it can allow our seniors to create a new identity as an artist and start to see themselves in a new light.

We would like to utilize funding to assist with the purchasing of necessary art supplies to create artwork and equipment as well as the hiring of a contract art therapist. The Art Therapist would work in small groups and one on one with the seniors in our community to support and guide them to create beautiful, age appropriate artwork that they can be proud of and our community can admire and enjoy.



NANAIMO FAMILY LIFE ASSOCIATION

Registered Charitable No: 107759011 RR0001

EngAGE Centre

Requested: \$50,000

Nanaimo Family Life Association has been in operation in Nanaimo since 1967. NFLA believes that healthy individual and family relationships are the heart of a strong and resilient community. It is an organization specializing in peer counselling, group counselling, senior programming and volunteer development. Our programs include: Volunteer Peer Counselling, Senior Peer Counselling, Better at Home, Beyond Blame and Seniors Connect.

The goals of the EngAGE Centre project are to integrate with existing senior services and programs and adapt pre-existing community models to support underserved, diverse groups and fill systemic gaps and barriers in Nanaimo. We will expand community programs and services that already have excellent service delivery models to other areas of Nanaimo that have limited support. By providing services to increase social engagement, support with basic physiological needs, such as food, clothing and shelter, or referrals to mental health and physical health supports, the EngAGE Centre programming can help support existing and often overburdened health care services and traditional community recreational programs by providing trained and experienced volunteers who can alleviate feelings of isolation. By working collaboratively, overhead and operational costs are reduced, and more funding can be allocated for programs and required staffing.



SERAUXMEN STADIUM AMATEUR BASEBALL ASSOCIATION (SSABA)

Non-profit Society

Upgrades to Serauxmen Stadium

Requested: \$50,000

Serauxmen Stadium Amateur Baseball Association (SSABA) was incorporated under the Societies Act in 2017 after the City of Nanaimo purchased the Serauxmen Stadium from the Nanaimo School District. Prior to the sale of the stadium it was managed and operated by Nanaimo Minor Baseball Association (NMBA). Unfortunately the costs associated with operating the aging stadium were creating an increasing burden on NMBA and they decided to turn over the day to day operations to SSABA and the City. SSABA operates under a co-management agreement with the City of Nanaimo Parks and Recreation department.

Our mission is to encourage youth participation in the sport of baseball in Nanaimo in a safe and exciting environment. Our mandate is to work with user groups to operate and upgrade Serauxmen Stadium (opened in 1976) to its original glory as one of Western Canada's premier baseball facilities.

Our goal is to upgrade the stadium, ultimately increasing community and youth involvement, including allowing for youth camps and winter programs from T-ball to competitive teams.